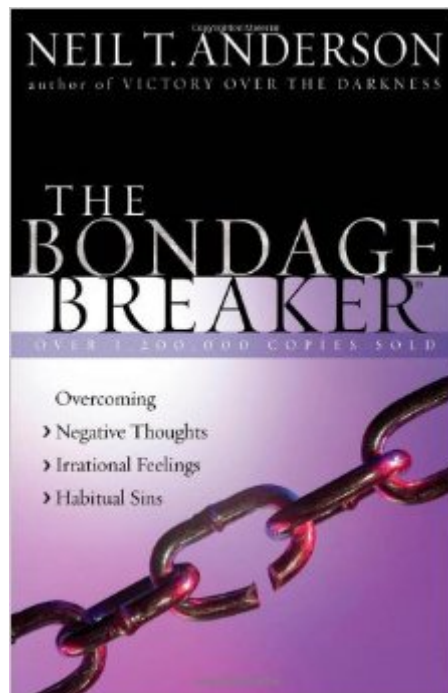


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# The Bondage Breaker®: Overcoming \*Negative Thoughts \*Irrational Feelings \*Habitual Sins



## Synopsis

Featuring a new introduction by Neil T. Anderson, this freshly reâ “covered edition of his bestselling book *The Bondage Breaker* (more than 1.2 million copies sold) leads readers away from the shadows and shackles in their lives and toward the freedom that comes when they realize they have the right to be free. Confront the power of Satan, fight the temptation to do it their way, trade deception for grace, affirm their identity in Christ. Neil Anderson ultimately helps people break negative thought patterns, control irrational feelings, and break out of the bondage of sinful behavior. Those struggling will discover how to embrace the promise of Jesus to win the spiritual battles that confront them.

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (421 customer reviews)

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## Customer Reviews

Neil Anderson's "matter of fact" approach is wonderful. I'm so impressed that the focus is on the use of TRUTH rather than POWER to fight the enemy. It is the truth that sets us free, and Anderson does a fantastic job of making sure biblical truth is emphasized rather than experiential gimmicks. The spiritual battle we face is a battle for our mind. *Bondage Breaker* exposes Satan's tactics of using temptation, accusation and deception by equipping us with the truth that identifies those tactics-- rendering them ineffective. It is most important that Christians understand their identity in Christ; and the power, authority and freedom we have in knowing God's truth. "*The Bondage Breaker*" exposes subtle lies, and helps clarify what our focus should be. This book is especially good for those who are struggling with negative or sinful thoughts; addictive behavior; issues of guilt or unforgiveness and intense spiritual attacks. Every Christian should get "*The*

Bondage Breaker"!

Anderson's book is incredibly liberating. The truths revealed in the pages are so obvious once your focus is pointed toward them. God is the healer; He is the Bondage Breaker. This book won't change your life... uncovering the truths of who you are in Christ Jesus will. There are only a few suggestions I could make to a reader to enable them to get the most out of this book: 1) read it thoroughly- over and over again, 2) DO THE STUDY GUIDES located in the back of the book with the reading, 3) keep a Bible by you as you read, 4) pray as you read, 5) prepare for Christ to shape your life.

This book answers some of the most troubling questions I've had during the 40+ years I've been a Christian. Why do I know so many Christians who are afflicted with terrible mental illnesses, addictions, physical problems, etc., that they just can't seem to get free from? Why do I still suffer from problems with depression, and how should I pray for and minister to the hurting people in my life? This book is the answer to all those questions. I am reading it and feeling a huge burden lift from my heart. Yes, there IS a reason for these things, and there IS something we can do about it, not only in breaking free from our own chains, but in interceding for others so they can be freed, too. I have experienced demons. Anyone who says they don't exist has bought into the lies of the Father of Lies. You're no danger to an enemy you don't believe in, are you? I have seen family and friends tormented by demons. No, I don't see demons under every rock (and neither does Neil Anderson), and I know sometimes there is another explanation for someone's torment. But what if there isn't? What if there is no solution? Sometimes the only thing that makes sense is believing that this world really IS under the control of Satan, and some of the people I love are his prisoners. The best thing about this book is that it teaches who we are in Jesus Christ, and that we are warriors in His army and we have all the tools we need to go out and possess the land in His name. The greatest gifts this book has given me are faith and hope. Note to those who think the book is saying Christians can be possessed: I don't think the book says that at all. I think it is saying demons can have strongholds in us. This is not the same as possession. People who fear or hate truth, do not acknowledge the existence of the devil and his armies, or want to hang onto New Age, secular philosophies, will HATE this book. But it's truth that will make us free.

I HAVE READ ALMOST ALL ANDERSONS BOOKS, THE FIRST BEFORE THIS IS VICTORY OVER THE DARKNESS. THAT BOOK CHANGED MY THINKING ON EVERYTHING FROM MY

SELF WORTH, WHO I AM IN CHRIST, HOW VALUABLE I AM IN CHRIST, TO WHY I AM AFRAID TO BE BOLD FOR GOD. THIS BOOK THE BONDAGE BREAKER GETS DOWN TO THE REASONS HOLDING YOU BACK, THE LIES YOU HAVE ACCEPTED ABOUT YOURSELF, CLARIFIES HOW STRONG YOU REALLY ARE IN CHRIST AND GETS YOU GOING ONTO LIVING A FRUIT FILLED LIFE IN CHRIST. IT GETS "THE MONKEY OFF YOUR BACK, FOREVER" A MUST READ FOR EVERY CHRISTIAN.

This book was my introduction to spiritual warfare. I can still remember by Bible College professor walking the tightrope unwilling to concede that demonic spirits are active today. If I remember right, he postulated three theories of demonic activity: The accommodation theory- that Jesus knew that demonic activity did not exist, but that he accommodated himself to the world view of his day. According to this view, people who were supposedly demon possessed were actually mentally ill. The second theory was that demons are real, but that they were only active in Jesus day; thus present day demonic activity is very rare and is confined to pagan cultures. The third theory was that demon activity is a present day phenomenon we have to deal with. As highly impressionable underclassmen, we were left to our own devices to figure which choice was the right one. Anderson rightly points out that the church had pretty much bought into the scientific/psychological model of deviant behavior- that we do not believe that the spiritual world does impinge on the natural world. As a result many evangelical Christians have either excluded the supernatural from their worldview or have consigned it to the transcendental tier where little effect on day to day living. When I first read Bondage Breakers, I came the realization that although I could teach about demon possession, I really did not believe that demons were active in our present day world. Although Andersons views have become more mainstream in the evangelical church, there are still those who see him as rather radical; while some charismatic side may see him as too tame. I see Bondage Breakers as an excellent introduction to spiritual warfare and a book every pastor ought to read.

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